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Type 1 Diabetes Therapies

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Type 1 diabetes is a condition that usually affects people under the age of 40. Not like type 2 diabetes, type 1 diabetes doesn't have a specific identified cause.

Usually, the diagnosis of type 1 diabetes occurs at about age of 14, though it's actually capable of affecting younger children.

Should you or your child has been identified with this disease, know the choices for type 1 diabetes therapies to be able to ensure that she or he is getting the perfect diabetes treatment.

Moreover, since type 1 diabetes is typically considered more serious than type 2 diabetes, it will be important that everybody around the patient is informed of the proper actions to take ought to problems or complications occur with his or her condition.

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What Causes Type 1 Diabetes?

Presently, there is no particular identified trigger that is thought to trigger type 1 diabetes in individuals. It's believed that type 1 diabetes is an autoimmune condition, where the body begins to attack itself, nonetheless the reason or the trigger remains to be unknown.

Many people suffering from type 1 diabetes found the situation followed a previous infection, including polio, mumps, and the Epstein-Barr virus.

Once more, there's hypothesis of this connection, however no concrete evidence has been found presently to prove this theory.

Type 1 Diabetes Treatment

Not like other kinds of diabetes that can be managed using consuming schedules and dietary adjustments, type 1 diabetes must be managed with insulin shots.

Moreover, the blood sugars must be monitored regularly in order that any spikes or drops in the concentration of the sugar in the blood may be instantly identified. Insulin is injected each day into fatty cells under the skin.

Utilizing the manner of injection, the body can instantly absorb the material into the blood stream and it can start working to control the sugar problem. Unfortunately, insulin can't be swallowed as a pill, since the acid present in the stomach would destroy the proteins that make up the insulin before it may be absorbed in the body.

There at the moment are insulin pumps which can be permanently attached to an individual that automatically regulates the amount of insulin in the body. When more insulin is needed, the pump tends to the situation.

Although carrying a pump may be awkward (regardless that these gadgets are usually small boxes that can be readily concealed underneath clothes), having that constant supply of insulin is the best way to go, particularly in cases of extreme type 1 diabetes.